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Drug and Alcohol Program Director

Annual Report

Fiscal Year July 1, 2017 to June 30, 2018

Jeffrey Zerechak, Drug and Alcohol Program Director
Wayne County Drug and Alcohol Commission | 318 Tenth Street; Honesdale, Pa 18431

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About the Wayne County Drug and Alcohol Commission

Wayne County Drug and Alcohol Commission serves as the Single County Authority (SCA) for the County of Wayne and as such is tasked with delivering, or ensuring the delivery of, all Drug and Alcohol related services for Wayne County. The Wayne County Drug and Alcohol Commission has a Community Advisory Board which consists of 9 members. The Advisory Board is representative of the community and composed of individuals who can demonstrate experience, knowledge, and/or interest in serving the needs of the substance abusing client. Meetings are held at least ten times a year and not more than ninety days transpire between meetings. All meetings are advertised and open to the public. Minutes of each meeting are kept on file. The Drug and Alcohol Commission has a full-time Director who is responsible for the oversight of the agency's activities and staff. Supervision of the SCA Director is provided by the Director of Wayne County Human Services and the Wayne County Board of Commissioners.

The Wayne County Drug and Alcohol Commission's approach to people with substance use disorders has its roots in the disease concept. Substance use disorders are primary, progressive, chronic, but most importantly treatable. The disorder is characterized by compulsive use of mind-altering chemicals despite negative consequences. Emphasis is placed on treatment, recovery, and restoration to a healthy productive life. It is the belief of the Commission that recovery is possible for anyone who is willing to work at it. The Commission is committed to providing prevention, intervention, screening, assessment, case coordination, treatment and recovery support services regardless of race, creed, color, age or ability to pay.

It is the mission of the Wayne County Drug and Alcohol Commission to help prevent the onset of substance use disorders whenever possible, intervene with appropriate services when risk factors for substance use disorders are present, and when substance use disorders are present, mitigate their negative impact on the individual, his/her family and the community. This mission is accomplished through the Commission's provision of a variety of cost effective, evidence based prevention and intervention services, professional drug and alcohol screening and assessment services, case management, recovery support services, and a full continuum of treatment services including medication assisted treatment.

Wayne County Drug and Alcohol Commission has a functional unit for drug and alcohol prevention providing evidenced based programming and other services to students and professionals in the Wayne Highlands, Western Wayne and Wallenpaupack school districts and throughout the community. The Commission also has a functional case management unit which provides intakes and level of care assessments for all Wayne County residents in need and then places them in the appropriate treatment services. The Commission provides case coordination services for individuals receiving medication assisted treatment and recovery support services for persons in early recovery. The Commission also serves as the driving under the influence service coordination entity for Wayne County providing Court Reporting Network (CRN), evaluations, Alcohol Highway Safety Classes, and DUI intervention group. The Commission contracts with PA Treatment and Healing (PATH) and Little Creek Outpatient Services for the provision of Out-Patient and Intensive Out-Patient Treatment, Drug and Alcohol Treatment

Service for partial hospitalization services, and holds numerous contracts for the provision of medically monitored detox, rehab, and half-way house.

State fiscal year 17-18 saw yet another year where Wayne County experienced more individuals requesting help for opioid use disorders than for alcohol use disorders, however calendar year 2017 saw a decrease in overdose deaths from calendar year 2016. While this seems an indicator that initiatives are having a positive impact it would be premature to change our focus. To continue to impact this situation Wayne County Drug and Alcohol Commission has continued its community / education and awareness efforts, has restructured its Medication Assisted Treatment (MAT) program to maximize client capacity, has added Vivitrol to its MAT protocol, continued its involvement in a joint initiative with the Wayne County Heroin Prevention Task Force to disseminate Narcan to as many concerned community members as possible, worked with PATH to increase outpatient treatment capacity and began contracting with another community based OP provider to further increase capacity and provide treatment choice for Wayne County residents, continued to support and promote recovery coaching for clients through our Certified Recovery Specialist, continued doing as much community outreach and education as possible and has secured a grant to assist with this, and has partnered with Wayne Memorial Hospital on a warm handoff initiative for overdose survivors. Wayne County Drug and Alcohol Commission has also maintained relationships with many great community partners who help with various initiatives and in fact have lead initiatives themselves. These partnerships are invaluable in the fight against heroin and opioid use disorders.

Advisory Council Members

The Advisory Council continues to be a dedicated group of professional members committed to drug and alcohol programs. Board members are as follows:

James Chapman-Chairperson
 Bonnie Carney
 Carol Leinert
 Michelle Young
 Michele Minor Wolf
 Debra Paciotti
 Pennsylvania State Police Representative
 Angel Vaccaro-Non-voting member

Single County Authority Staff

Director	6/13 to Present	Jeffrey Zerechak
Assistant Director	8/13 to Present	Melissa Wertman
Administrative Assistant	1/18 to Present	Crystal Crum
Clerk Typist III	1/98 to 1/18	Carolyn Marsh
Case Manager DUI Coordinator	3/96 to Present	Jeanette Greig
Case Manager MAT Case Coordinator	11/96 to Present	Jennifer Dovin
Case Manager	11/14 to Present	Amy Bidwell
Case Manager	3/17 to 10/18	Kenneth Ramirez
Prevention Specialist	1/96 to Present	Charlotte Myers
Prevention Specialist Part Time (Seasonal)	11/00 to Present	Mary Paladino
Prevention Specialist Part Time (Seasonal)	8/16 to Present	Catherine Vargo
Certified Recovery Specialist	6/15 to Present	Jim Simpson

SCA Service Delivery System

The drug and alcohol service delivery system in Wayne County is managed by The Wayne County Drug and Alcohol Commission which serves as the Single County Authority (SCA) for the County of Wayne. A full continuum of treatment services along with other support services are offered either directly by the SCA or via a SCA contracted provider agency. The Wayne SCA offers the following through its office and serves as the primary point of entry into the D&A system for Wayne County residents: D&A Prevention Services, Screenings, Assessments, Coordination of Services, MAT Case Coordination, Recovery Support Services, and DUI Offender Services.

The Wayne County SCA contracts with private providers to provide the following services to Wayne County residents: Outpatient, Intensive Outpatient, Partial Hospitalization, Medically Monitored Detox, Medically Managed Detox; Medically Monitored Inpatient, Medically Managed Inpatient; Half-Way House.

Major Accomplishments – Administration

- Expanded service capacity and client choice by entering into a contractual relationship with Little Creek Outpatient services for both intensive outpatient and outpatient D&A treatment.
- Negotiated a contract for recovery housing services for males in early recovery through Shane’s House. This service was previously unavailable in Wayne County to the publicly funded D&A client
- During its third full year of operation, PA Treatment and Healing (PATH) maintained Wayne County’s Out-Patient Treatment capacity at 200; has applied to become Trauma Informed Center and continues to facilitate evening groups to accommodate clients who are working.
- Maintained a licensed D&A treatment program in the Wayne County Correctional Facility, which is currently staffed by one F.T.E. drug and alcohol counselor. The SCA continued outcome studies of this program analyzing the recidivism rates of inmates who participated in the program. The outcomes for the period reviewed (SFY 16-17 and 17-18) yielded only a 35% recidivism rate. For the purposes of this study, recidivism is defined as the number of clients who reoffended due to drug and alcohol use.
- Melissa Wertman, SCA Assistant Director, became a Certified DUI Instructor so that we have a backup to our primary instructor and DUI Coordinator Jeanette Greig.
- Awarded a grant from PA STOP which will be used to further the SCA’s outreach efforts in Wayne County utilizing Facebook, radio, TV and mail. The primary goal will be to increase public awareness of how help for a substance use disorder in Wayne County is accessed.
- Sustained both the Certified Recovery Specialist and the MAT Case Coordination positions after reinvestment funding ended.

- Held a large-scale community recovery awareness event for Recovery Month in September 2017.
- Transitioned to handling all after hours emergencies through the structure established for warm handoff, as such, now there is only one number to call during and after hours for Wayne County residents who need emergency help with a substance use disorder.
- Based on discussions with school district administrators regarding its relevance to our prevention needs assessment process, 2 of the 3 school districts Wayne SCA serves participated in PAYS in 2017.
- Maintained the Warm Handoff which launched in October of 2016 in partnership with Wayne Memorial Hospital (WMH) ensuring 24/7 availability of professional drug and alcohol staff to speak with overdose survivors who present in WMH's emergency department and offer them treatment options.
- Provided ongoing education on the Warm Handoff Process, access to substance use disorder services, and the disease of addiction to various community agencies including the Victim Intervention Program of Wayne County and other community organizations such as St. Tikhon's Monastery.
- Participated in the successful launch of the Wayne County Drug Treatment Court which began July 1, 2017. Maintained weekly participation in team meetings and supports ongoing development of this important program.
- Expanded case management services to include a mobile case manager who can perform D&A assessments in community settings to include Wayne Memorial Hospital and school districts served by Wayne SCA.
- Began in-school assessment and treatment in the 17-18 school year. Thus far this service has been very well received by the school districts Wayne SCA serves.
- Ensured that each county resident who presented in our office with a substance use disorder had available to them a full continuum of treatment.
- Monitored the in-county outpatient treatment provider for compliance with federal and state regulations and quality standards.
- Obtained full compliance with the contractual mandates set forth by both the Department of Drug and Alcohol Programs and Community Care Behavioral Health.
- Maximized the SCA budget, serving the treatment needs of each client without having to institute a treatment waiting list due to insufficient funds.
- Partnered with CCBH NC to bring the DDAP mandatory 2 day ASAM Training to Wayne County allowing the Wayne SCA and its entire treatment provider system to receive this mandatory training without incurring extensive travel and lodging expenses.
- Implemented the evidenced based recovery program Making Alcoholics Anonymous Easier (MAAEZ). This is a group designed to help persons in early recovery understand what 12 step programming really is and how participation in 12 step programming can benefit them in recovery.

- SCA Director continued to serve on the Criminal Justice Advisory Board, the Wayne County Transportation Advisory Board, and LHOT.
- The SCA collaborated with the Wayne County Heroin Prevention Task Force for a second year on the dissemination of Narcan to family members, friends of people with SUD and concerned citizens.
- SCA Director continued to represent the Wayne County SCA on BHARP Central Governing Board, the BHARP Recovery Workgroup, the Regional Service System Transformation meetings, and SCA Director Meetings.
- The SCA Director continued to represent the Wayne County Drug and Alcohol Commission at Pennsylvania Association of County Drug and Alcohol Administrators conferences and served as regional representative alternate for Region D SCAs and served as co-chair of the treatment committee of PACDAA.

Goals of the SCA

- Assemble a Prevention Needs Assessment team and complete all 4 phases of the Prevention Needs Assessment project which is due in October of 2019. Based upon identified needs, develop a 5 year prevention plan which will guide prevention services from 2015 to 2020.
- Fully implement ASAM throughout the Wayne County SCA and Provider systems by the December 2018 deadline.
- Continue to expand MAT program capacity to include additional physician time and case management time and incorporate new medications as applicable.
- Ensure funding for a full continuum of treatment to include Medication Assisted Treatment (MAT) for all Wayne County residents
- Develop and begin to execute succession planning for the anticipated retirement of key direct service staff
- Maintain the Certified Recovery Specialist position at its full time level and further expand its scope to include additional community outreach and family education initiatives.
- Continue to expand our provider network to include additional detox providers and programs that provide services to the female SUD population.
- Plan and execute a large scale recovery awareness/ celebration event in recognition of National Recovery Month.
- Seek grant opportunities that address the specific needs of our SCA that are sustainable, and appropriate for the furtherance of our SCA's mission
- Continue the partnership with the Wayne County Heroin Prevention Task Force in the community education and dissemination of Narcan to concerned citizens, family members, and friends of individuals with substance use disorders

- Continue to develop the effectiveness and scope of the warm handoff initiative through Community provider education initiatives
- Assist Judge Hamill and other CJS counterparts to expand the newly implemented a Drug Treatment Court in Wayne County.
- Expand outreach to the community via PSA, newspaper and other community partnerships/gatherings to address the heroin issue and let community members know how and where to access help in Wayne County.

School and Community Based Prevention Services

Fiscal Year 2017-2018

The Wayne County Drug and Alcohol Commission Prevention Program provides D&A educational strategies, evidenced based prevention programming, student support groups, professional technical assistance/ trainings, and participates on student assistance program teams as the D&A liaison in the Wayne Highlands, Western Wayne, and Wallenpaupack School Districts. The Prevention program also offers an array of drug and alcohol educational programming and trainings in a variety of community settings.

These services are offered based upon school and community needs with the ultimate goal of reducing the onset of substance use disorders among our youth.

The Wayne County Drug and Alcohol Commission Prevention Program offers the following drug and alcohol prevention services to Wayne County school districts.

Elementary / Middle School Classroom Programs

(Taught by Wayne County Drug & Alcohol Commission Certified Prevention Specialists)

Lifeskills Training

A research-based substance abuse prevention program which develops drug and other risk-taking resistance skills, personal self-management skills, and general social skills.

Level: Elementary/Middle

Length:	Elementary:	First year	8 sessions
		Second year	8 sessions
		Third year	8 sessions
	Middle School:	First year	15 sessions
		Second year	10 sessions
		Third year	5 sessions

Too Good for Drugs

A research-based prevention program which focuses on social and emotional competency, goal setting, decision-making, peer pressure refusal, and conflict resolution.

Level: Primary/Elementary/Middle

Length: Ten (10) sessions each level

Other Specialized Classroom Presentations K – 12

Alcohol, Tobacco and Other Drug Information

Addiction and the Adolescent Brain

Marijuana

E-Cigarettes/Vaping

Prescription/Opiate Abuse

Drinking and Driving

Effects of Chemical Dependency on the Family

Fetal Alcohol Spectrum Disorder

Additional topics as requested

Level: Middle/High School

Length: 1 -3 sessions

Support Group Co-Facilitation

Student support groups structured to educate on specific issues are effective programs in the school setting. These are “educationally-based” support groups designed to help students learn new skills, develop self-confidence and better understand how to deal with some of the problems life presents. Support groups provide a safe atmosphere to learn, share feelings, and interact with peers and adults.

*It is important to note that these groups provide **support and education**.
They are not counseling or therapy groups.*

A Wayne County Drug and Alcohol Commission Prevention Specialist and school staff person work as a team to co-facilitate these groups. In addition, the Wayne County Drug and Alcohol Commission will participate in screening and interviewing potential group members and work closely with the school co-facilitator to plan and process these groups. Groups typically run from 6 to 10 weeks.

Types of Groups:

Be Strong Be Me: A group to help children from high-risk environments develop healthy ways of coping with family, school, and peer stressors.
Based on the Elementary Youth Support Program.
Level: Elementary
Length: 10 sessions / break / 10 sessions Total: 20 sessions

Real Friendship: A group to help young girls foster real friendships and learn how to recognize and reject socially aggressive behaviors in themselves and others.
Level: Elementary Length: 6-8 session

Manage Your Anger: A group to help students handle angry feelings and develop skills for appropriately managing their emotions.
Level: Middle/High School Length: 6-8 sessions

Changing Families: A group for students experiencing separation, divorce, and other family lifestyle transitions.
Level: Elementary/Middle/High Length: 6-8 sessions

Friends/Concerned Persons Group: A group for students concerned about/affected by the chemical dependency of family members.
Level: Elementary/Middle/High School
Length: 6 sessions minimum

Challenge/Insight Group: A group to help teens learn more about the effects of alcohol and other drugs and begin to realistically assess their own choices and behaviors regarding alcohol and other drug use.
Level: Middle/High school Length: 8-10 sessions

Aftercare Group: A group for recovering students who have returned from D&A inpatient or intensive outpatient treatment and need support for school-based issues related to maintaining sobriety.

Level: High School

Length: On-going

Peer Mediation Training

3-day mediation training for students and faculty advisors. Technical assistance for setting up the program, including initial in-servicing and identification and selection of mediators, and follow-up support is provided.

Level: Elementary, Middle and High School

Drug/Alcohol Screenings

Wayne County Drug and Alcohol Commission will conduct drug and alcohol screenings for students referred by the S.A.P. Core Team at no charge to the district. Screening done in the school setting needs written permission of both parent and student.

Level: Middle/High School

S.A.P. Core Team Consultation

A Wayne County Drug and Alcohol Prevention Specialist will serve as agency liaison and meet with each Core Team as time permits to provide on-going consultation and technical assistance.

Level: Middle/High School

Teacher Training and In-servicing on Alcohol, Tobacco and Other Drug Issues

- Signs and Symptoms of Chemical Use
- Adolescent Chemical Dependency
- Enabling and Co-dependent Behavior
- Impact of Chemical Dependency on the Family
- Impact of Parental Chemical Dependence on Young Children
- Prevention Strategies and Approaches
- Developing Resiliency in Students
- Additional topics as requested

Level: District Staff K-12

Length: 1 hour to 1 day

Evidence-Based Parenting Programs

ACTIVE PARENTING for parents of children ages 5-12.

An interactive video-based learning experience that teaches parenting skills to parents of elementary aged-children. This three-session program uses group discussion, practice activities, power point presentations, and a Parent Guide which parents use to complete the activities and then keep at the conclusion of the series.

GUIDING GOOD CHOICES for parents of children ages 9-14.

A program that teaches parents of elementary/middle school aged-children specific strategies to reduce the risk that their children will develop a problem with tobacco, alcohol, or other drugs. This five-session workshop includes how to develop clear family guidelines and expectations for children, manage family conflict in a way that maintains and strengthens bonds with children, and increase children's involvement in the family during the pre-teen/teen years.

Parent Group

A confidential and supportive group for parents who are concerned their children may be abusing alcohol or other drugs.

Level: Parents/Adults

Video Library

A comprehensive collection of prevention-related videos is available for loan to school personnel and community members. Please contact our prevention staff for more information.

Level: All ages

Summary of School-Based Prevention Services

July 2017 through June 2018

Wayne County School Districts:

- Wallenpaupack Area School District
- Wayne Highlands School District
- Western Wayne School District

SAP Core Team Meetings:

- Wallenpaupack: 29
- Wayne Highlands: 27
- Western Wayne: 11

School Based Support Groups:

Middle School Level:			
Friends (COA)	1 Group	8 Participants	9 Sessions
High School Level:			
COA Group	1 Group	5 Participants	1 Session
Concerned Persons	1 Group	7 Participants	6 Sessions
Grand Totals:	3 Groups	20 Students Served	31 Sessions

Classroom Education:

Elementary School Level:			
<i>Life Skills Training</i>			
Grade 4	2 Groups	55 Participants	8 Sessions
Grade 5	2 Groups	38 Participants	8 Sessions
<i>Too Good For Drugs</i>			
Grade 1	3 Groups	70 Participants	16 Sessions
Grade 2	2 Groups	37 Participants	16 Sessions
Grade 3	1 Group	19 Participants	6 Sessions
Grade 4	1 Group	19 Participants	6 Sessions
Grade 5	7 Groups	166 Participants	22 Sessions
Grade 6	7 Groups	119 Participants	11 Sessions
Grand Totals:	25 Groups	513 Students Served	93 Sessions
Middle School Level:			
<i>Life Skills Training</i>			
Grade 7	7 Groups	115 Participants	19 Sessions
Grade 8	5 Groups	77 Participants	10 Sessions
<i>Too Good For Drugs</i>			
Grade 7	7 Groups	130 Participants	8 Sessions
<i>Together for Health</i>			
Grade 7	23 Groups	506 Participants	7 Sessions
Grand Totals:	42 Groups	322 Students Served	44 Sessions
High School Level:			
<i>Together for Health</i>			
Grade 9	27 Groups	369 Participants	3 Sessions
Grand Totals:	27 Groups	369 Students Served	3 Sessions
Total Students Served: 1,224			

Summary of Prevention Trainings and Community/ School Events July 2017 through June 2018

9/6/17; 9/7/17; 9/8/17- Mary Paladino, Charlotte Myers, Catherine Vargo- Strengthening Families Trainings- Delaware Valley School District

9/14/17- Mary Paladino- Quality Council Meeting- Park Street Complex, Honesdale

9/15/17- Mary Paladino- CPA Meeting- State College

10/2/17- Mary Paladino- CPA Meeting- State College

10/12/17- Mary Paladino, Catherine Vargo, Charlotte Myers- Behavioral Health Works Training- Honesdale

10/19/17- Mary Paladino- Game Night at Wallenpaupack Middle School

10/20/17- Mary Paladino- CPA Meeting State College

10/24/17- Mary Paladino- Mental Health First Aid- Hawley

10/26/17- Prosper Meeting-South Canaan

11/18/17, 11/16/17 Catherine Vargo, Mary Paladino Active Parenting 8 families Hawley Center, Hawley

1/3/18 Charlotte Myers- Systems of Care, Honesdale

2/8/17- Charlotte Myers, Catherine Vargo- SAP Networking NEIU 19, Archbald

2/26/17- Charlotte Myers – PA SAP Conference, State College

2/10/17- Catherine Vargo- Wayne County Safety Kids Fair, Park St. Complex Honesdale

2/6/17- Mary Paladino- WIN Meeting, Honesdale

2/17/17- Mary Paladino- CPA Meeting, State College

2/27/17- Mary Paladino- Social Family Concerns Meeting, Park St. Complex

2/28/17- Mary Paladino- School Committee Meeting, Park St. Complex

3/20/18; 3/27/18 Charlotte Myers, Mary Paladino, Catherine Vargo- Strengthening Families- Western Wayne

3/29/18- Charlotte Myers- SOC Team Meeting- Park St. Complex, Honesdale

3/26/18- Mary Paladino- WVIA Project Meeting, Wallenpaupack School District
3/5/18- Mary Paladino- WIN Meeting Honesdale
4/3/18, 4/10/18, 4/17/18- Mary Paladino, Charlotte Myers, Catherine Vargo- Strengthening Families
4/4/18- Charlotte Myers- Systems of Care Meeting, Park Street Honesdale
5/2/18- Charlotte Myers- Systems of Care Park St. Complex, Honesdale
5/24/18- Charlotte Myers- Prescription Drug Abuse Presentation at Hawley Senior Center
5/30/18- Charlotte Myers- Prescription Drug Abuse Presentation at Hamlin Senior Center
5/15/18- Catherine Vargo- Mindfulness Training- NEIU Archbald
5/23/18- Catherine Vargo- SAP Network Training- NEIU Archbald
5/24/18- Mary Paladino- Vaping Presentation- South Canaan

Summary of Recovery Support Services

Fiscal Year 2017-2018

In October of 2013, the Wayne County Drug and Alcohol Commission (WCDAC) assumed full management of the Recovery Support Program after it came out of reinvestment.

WCDAC currently employs a full-time Certified Recovery Specialist (CRS) who delivers Recovery Support Services targeted to individuals in early recovery. Clients/consumers work with the CRS to develop an individualized recovery plan, which focuses on the non-treatment needs and addresses other barriers to a healthy and productive recovery. The Certified Recovery Specialist meets with clients/consumers both in the office and in the community. Since an individualized approach is employed, services vary based upon client need. Listed below are some of the most common services, which have been provided to clients/consumers since the inception of this service.

- Assists clients with overcoming potential barriers to accessing 12 step meetings. This can include accompanying clients to their first meetings, until they establish a comfort level with the process and make connections.
- Contacts clients prior to their discharge from inpatient treatment to establish a rapport and to ensure they have a CRS appointment as close to their discharge date as possible. Educates family members as to their role in the client's recovery and provides information about support services available to them.
- Facilitates making Alcoholics Anonymous Easier (MAAEZ) evidenced based education groups for persons in early recovery.
- Assists clients in obtaining healthcare benefits to ensure other physical and behavioral needs are met.
- Offers support and coaching to clients and families who may be accessing inpatient treatment for the first time.
- Assists clients with job searches, resume writing and interview preparation.
- In 16-17, the Wayne SCA has expanded CRS services into the emergency department of Wayne Memorial Hospital in order to work with overdose survivors through the SCA's warm handoff initiative. This population has been identified by DDAP as a priority population, and our recovery specialist will be called to the hospital to work with overdose survivors and their families. The goal is to insure the overdose survivor and their family have access to treatment as quickly as possible in order to begin the process of recovery and to reduce the likelihood of a second or subsequent overdose.

The Certified Recovery Specialist also provides community outreach in order to increase public awareness of recovery issues and the services that are available to support recovery. Outreach is provided in the following community locations:

- Contracted inpatient D&A providers
- Contracted outpatient D&A providers
- Wayne County Juvenile and Adult Probation offices
- The Wayne County Correctional Facility
- Wayne County Children and Youth

- Wayne Memorial Hospital
- Wayne County Assistance Office
- Varying physician's offices

Recovery Support Service Statistics for Fiscal Year 2017-2018

- Referrals45
- Admissions.....31
- Total Active as of 6/30/18.....26
- Referrals by Source
 - Wayne County Court1
 - Self3
 - Wayne County Drug and Treatment Court.....5
 - Wayne County Drug and Alcohol Care Manager.....32
 - Wayne County Juvenile Probation.....4

Summary of Case Management Services

Fiscal Year 2017-2018

The Wayne County Drug and Alcohol Commission's Case Management Unit employs four full-time Case Managers who provide drug and alcohol assessment, placement, care management/case coordination, DUI coordination, and case coordination services to persons in our Medication Assisted Treatment Program. All Case Managers serve as the point of entry into treatment services.

The Case Management Unit of Wayne County Drug and Alcohol Commission in F/Y 17-18 completed a total of 646 screenings and 529 assessments.

Each assessment consists of approximately 1.5 to 2 hours face-to-face interview whereby a standardized Department of Drug and Alcohol Programs assessment tool is completed. The Pennsylvania Client Placement Criteria or the American Society of Addiction Medicine Criteria, are utilized to provide clinicians with a basis for determining the most appropriate level of care for clients with substance use disorders.

Upon determining the most appropriate level of care and the type of program that will best meet the individual's needs, the individual is placed with licensed treatment provider that can best meet their needs. A funding determination is also made at this time, which may include coordination with client's commercial insurer or the Wayne County Assistance Office and precertification with Community Care Behavioral Health.

Following a referral to a treatment provider, continued stay reviews are conducted in order to ensure individuals receiving care are continuing in the most appropriate level of drug and alcohol treatment. Clients receiving inpatient care are reviewed weekly for ongoing clinical appropriateness, and all aftercare services were coordinated through our case management unit.

Case Management /Statistics/Trends

Fiscal Year 2017-2018

Annual Report

Gender Trends

Gender trends remained consistent with the prior fiscal year. Approximately 71% of individuals served were males as compared to 69% in fiscal year 2016-2017.

Fiscal Year 2017-2018

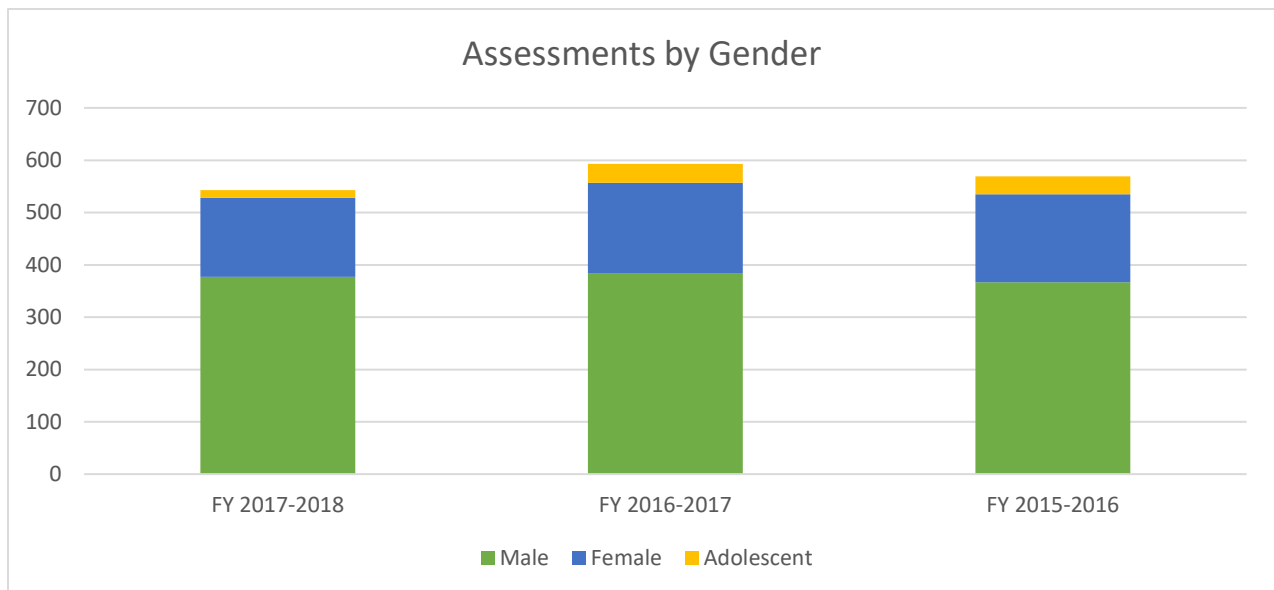
Assessments by Gender

	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Total
Males	40	25	30	35	36	35	25	28	34	33	28	28	377
Females	12	19	16	12	7	10	15	7	10	15	17	11	151
Unknown	0	0	0	0	0	0	1	0	0	0	0	0	1
Total Assess	52	44	46	47	43	45	41	35	44	48	45	39	529
Adolescents	2	0	0	0	2	0	2	3	1	1	2	2	15

Fiscal Year 2016-2017

Assessments by Gender

	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Total
Males	33	31	29	27	37	30	23	23	32	44	38	35	383
Females	9	14	11	20	10	19	9	10	18	13	30	12	174
Total Assess	42	45	40	47	47	49	32	33	50	57	68	47	557
Adolescents	1	1	1	5	2	2	0	5	5	5	7	2	36

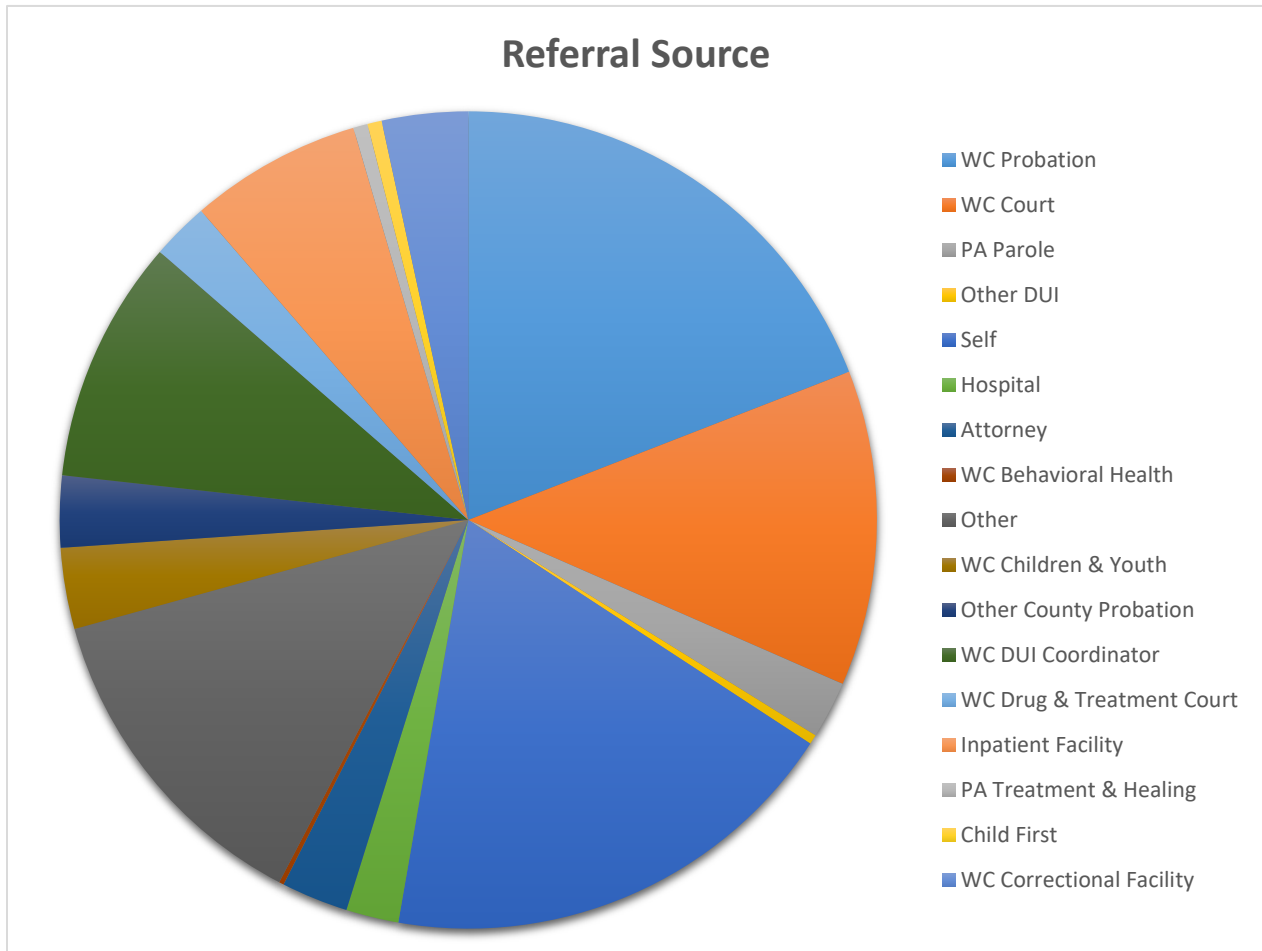


Referral Source Trends

Referral source trends for the 17/18 fiscal year remained consistent with 16/17 fiscal year. Of the individuals referred to our office the largest number was from Wayne County Probation at 19% and self-referrals also at 19% then Wayne County Court referrals at 12%.

Assessments by Referral Source

Wayne County Probation	101	Wayne County Children & Youth	17
Wayne County Court	66	Other County Probation	15
PA State Parole	12	Federal Parole	0
Other DUI	2	Wayne County DUI Coordinator	51
Self	98	Wayne County Drug & Treatment Court	12
Hospital	11	Inpatient Drug & Alcohol Facility	36
Attorney	14	PA Treatment & Healing	3
Wayne County Behavioral Health	1	Child First	3
Other	69	Wayne County Correctional Facility	18

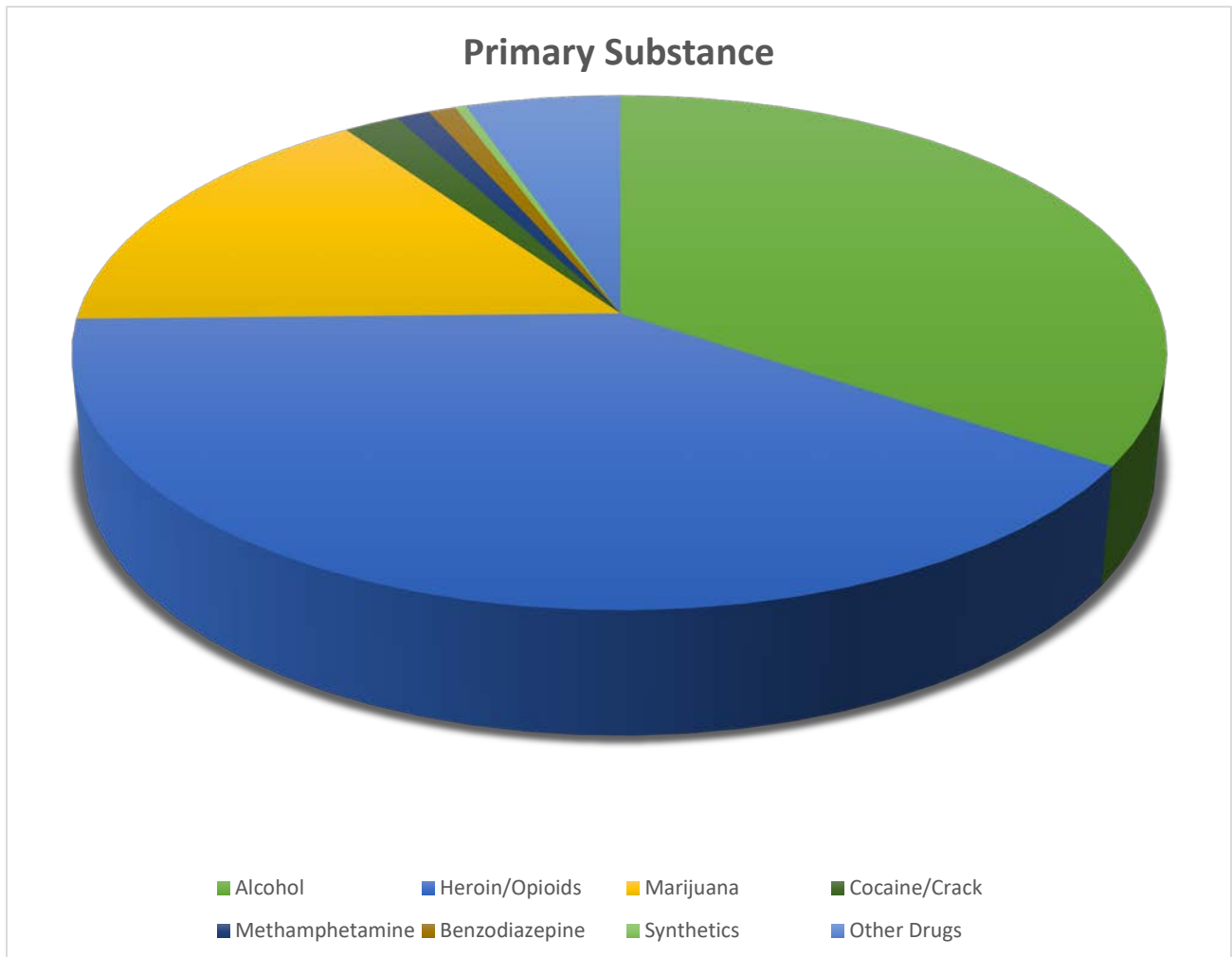


Primary Substance Trends

The primary substance trend that remained consistent with the 16/17 fiscal year was heroin/opiates. The 17/18 fiscal year continues to see more individuals reporting heroin/opiates than alcohol as their primary substance. In 17/18 40% of the total clients served reported heroin/opiates as their primary substance. In 16/17 that number was 41%.

Assessments by Primary Substance

Alcohol	182	Heroin/Opioids	213
Marijuana	83	Cocaine/Crack	10
Methamphetamine	6	Benzodiazepine	5
Synthetics	2	Other Drugs	28

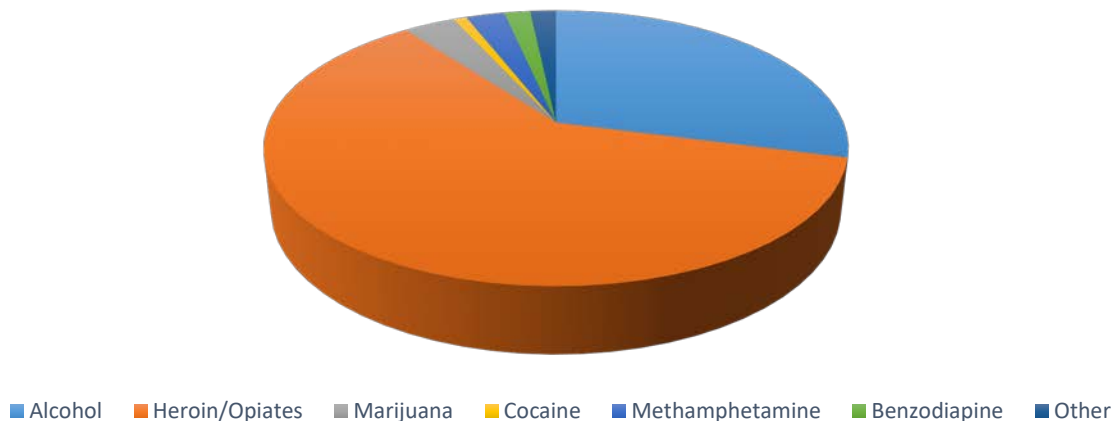


Inpatient Report

Inpatient placements increased by three clients from fiscal year 16/17. Heroin and opiate use continue to account for the largest percentage of all inpatient admissions at 61% in 17/18, but were slightly down from 66% in 16/17.

<i>Inpatient Report</i>	Admissions	FY 2017-2018	FY 2016-2017
	Placements	118	115
Gender of Patients	Adult Male	76	75
	Adult Female	40	34
	Adolescent Male	2	2
	Adolescent Female	0	4
Age of Patients	0-14 years	0	1
	15-17 years	2	5
	18-24 years	17	34
	25-34 years	55	34
	35-44 years	22	26
	45-54 years	17	11
	55+ years	5	4
Primary Substance of Patients	Alcohol	34	26
	Heroin/Opiates	71	76
	Marijuana	4	5
	Cocaine	1	3
	Methamphetamine	3	3
	Benzodiazepines	2	0
	Other Drugs	3	2
Race of Patients	Caucasian	106	105
	Hispanic	5	3
	African American	7	4
	Other	0	3

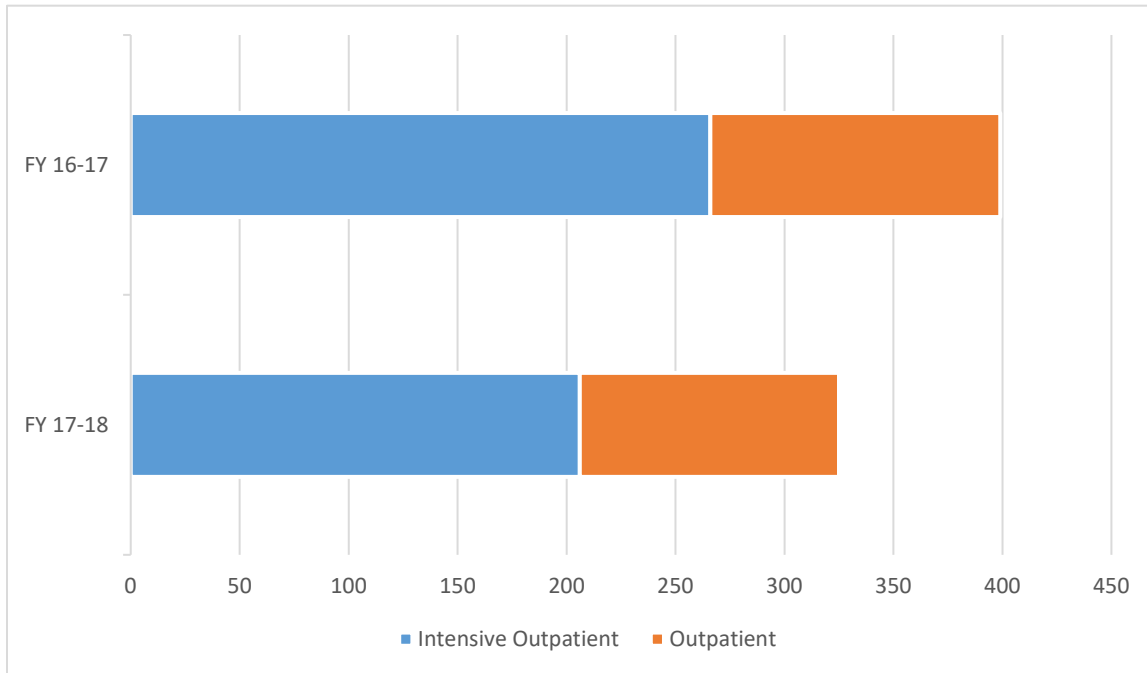
Drug of Choice for Inpatient Admissions



Outpatient Report

PA Treatment and Healing, as well as Little Creek Outpatient Services provided Outpatient and Intensive Outpatient Drug and Alcohol Treatment Services for Wayne County residents in the fiscal year 2017-2018. PA Treatment and Healing provided services in their community location on 1185 Fair Avenue, Honesdale, at the Wayne County Correctional Facility, and at Wallenpaupack, Western Wayne and Wayne Highlands school districts. Little Creek Outpatient Services provided services in their community location on 359 Easton Turnpike, Hamlin.

<i>Outpatient Report</i>	Admissions	FY 2017-2018	FY 2016-2017
	Intensive Outpatient	219	266
	Outpatient	124	133



Provider List

Fiscal Year 2017-2018

<p>CHOICES, An Affiliate of Commonwealth Health 518 Wyoming Avenue Kingston, Pa 18704 NPI #: 1053432443</p>	<p>Wilkes-Barre Behavioral Hospital Co. LLC d/b/a CHOICES Recovery Program of Wyoming Valley 307 Laird Street Plains, Pa 18702 NPI #: 1053432443</p>
<p>DARS Manos House 1290 Prospect Road Columbia, Pa 17512 NPI #: 1902940976</p>	<p>Drug and Alcohol Treatment Service 441 Wyoming Avenue Scranton, Pa 18503 NPI #: 1013982008</p>
<p>Eagleville Hospital 100 Eagleville Road Eagleville, Pa 19403 NPI #: 1477615656</p>	<p>Conewago Pottsville 202-204 S. Center Street Pottsville, Pa 19701 NPI #: 134639525</p>
<p>Conewago Indiana 9143 US-119 Blairsville, Pa 15707 NPI #: 134639525</p>	<p>Conewago Snyder 18336 Route 522 Beavertown, Pa 17813 NPI #: 134639525</p>
<p>Gaudenzia Common Ground 22835 North Front Street Harrisburg, Pa 17100 NPI #: 1811011513</p>	<p>Gaudenzia, Inc West Chester 1030 Concord Road West Chester, Pa 19382 NPI #: 1689708513</p>
<p>Gaudenzia Vantage House 212 East King Street Lancaster, Pa 17602 NPI #: 1336263755</p>	<p>Gaudenzia Fountain Springs 95 Broad Street Ashland, Pa 17921 NPI #: 1487779294</p>
<p>Gaudenzia New Destiny 91 Broad Street Ashland, Pa 17921 NPI #: 1093933749</p>	<p>Gaudenzia, Inc Re-Entry House 5401 Wayne Avenue Philadelphia, Pa 19144 NPI #: 1083743975</p>
<p>Gaudenzia, Inc People With Hope 1306 Spring Garden Street, 8th Floor Philadelphia, Pa 19123 NPI #: 1447384367</p>	<p>Graniteville House of Recovery 5452 Main Road Sweet Valley, Pa 18656 NPI #: 1588186092</p>
<p>Just Believe Recovery Center, LLC 100 Lincoln Avenue Carbondale, Pa 18407 NPI #: 1164817144</p>	<p>Little Creek Outpatient, LLC 518 Easton Turnpike Lake Ariel, Pa 18436 NPI #: 1548716145</p>
<p>Marworth Lily Lake Road Waverly, Pa 18471 NPI #: 1659444388</p>	<p>Teen Challenge Training Center 33 Teen Challenge Road Rehlersburg, Pa 19550 NPI #: 1265891477</p>

Pa Treatment and Healing 1855 Fair Avenue Honesdale, Pa 18431 NPI #: 1497839179	Ridgeview Adolescent Behavioral Health Center 4447 Gibsonia Road Gibsonia, Pa 15044 NPI #: 1790806115
Pyramid Healthcare, Inc 901 Sixth Avenue Altoona, Pa 16602 NPI #: 1639193485	Pyramid Healthcare at Belleville 3893 West Main Street Belleville, Pa 17004 NPI #: 1811018898
Pyramid Healthcare, Quakertown 2705 Old Bethlehem Pike Quakertown, Pa 18951 NPI #: 1689796534	Pyramid Healthcare, Inc 1894 Old Rte. 220 Duncansville, Pa 16635 NPI #: 1609997154
Pyramid Healthcare, Inc 830 Sixth Avenue Altoona, Pa 16602 NPI #: 1841313335	Pyramid Healthcare, Pine Ridge 1305 S. Eagle Valley Road Tyrone, Pa 16686 NPI #: 1033230461
Pyramid Healthcare, Inc Hillside 420 Supreme Ct. East Stroudsburg, Pa 18302 NPI #: 1124450069	Pyramid Healthcare, Lehigh Valley 124 Bridge Street Catasauqua, Pa 18032 NPI #: 1730690793
Shane's House 361 Easton Turnpike Lake Ariel, PA 18436 Fed ID # 82-3874712	The Retreat at White Birch 25 Reservoir Street Simpson, Pa 18407 NPI #: 1366836884
White Deer Run 360 White Deer Run Road Allenwood, Pa 17810 NPI #: 1326031022	White Deer Run of Lancaster 53-55 North West End Avenue Lancaster, Pa 17603 NPI #: 1942320957
White Deer Run d/b/a Cove Forge Renewal Center 624 Broad Street Johnstown, Pa 15906 NPI #: 1912027921	White Deer Run d/b/a New Directions at Cove Forge 538 Main Street Johnstown, Pa 15901 NPI #: 1932229945
White Deer Run d/b/a Cove Forge Behavioral Health 202 Cove Forge Road Williamsburg, Pa 16693 NPI #: 1992996730	White Deer Run Blue Mountain 8284 Leaser Road PO Box 19 Kempton, Pa 19529 NPI #: 1649391319

Summary of Medication Assisted Treatment

Fiscal Year 2017-2018

Wayne County Drug and Alcohol Commission offers Medication Assisted Treatment (MAT) to its clients with heroin/opioid use disorders. Heroin/ opioid use disorders, along with other substance use disorders, are viewed as chronic diseases, requiring a community-based recovery management approach to increase the likelihood of long-term recovery. Medication Assisted Treatment (MAT) is the use of medication in combination with cognitive- behavioral therapies and community supports. Evidence has shown this treatment modality to have good outcomes with the OUD population when administered properly.

The SCA Medication Assisted Treatment program utilizes the medications Suboxone, which is a partial opioid agonist, or Vivitrol, which is an opioid antagonist. Both are designed to assist people in the recovery process from heroin and other opioids, by reducing intense cravings to use which may otherwise interfere with successful engagement in treatment and other community recovery supports. The Wayne County Drug and Alcohol Commission’s philosophy on MAT is that medication is only a recovery tool and is never considered a stand-alone treatment. As such, being actively engaged in drug and alcohol treatment and other recovery related activities is a program requirement along with random urine drug screens, and random film counts.

The Wayne County Drug and Alcohol Commission contracts with Dr. Gary Good, a member of the Upper Delaware Valley Infectious Disease Practice of Monticello, New York, to oversee all medical aspects of the program, and he meets with all program participants a minimum of two times per month.

MAT Statistics for Fiscal Year 2017-2018

- Eligibilities/ Referrals54
- Admissions.....24
- Total Active as of June 30, 201828
- Referrals by Source
 - Wayne County Probation.....9
 - Wayne County Children & Youth2
 - Wayne County Court2
 - Self19
 - Inpatient Drug & Alcohol Facility2
 - Wayne County Drug & Alcohol Care Manger20

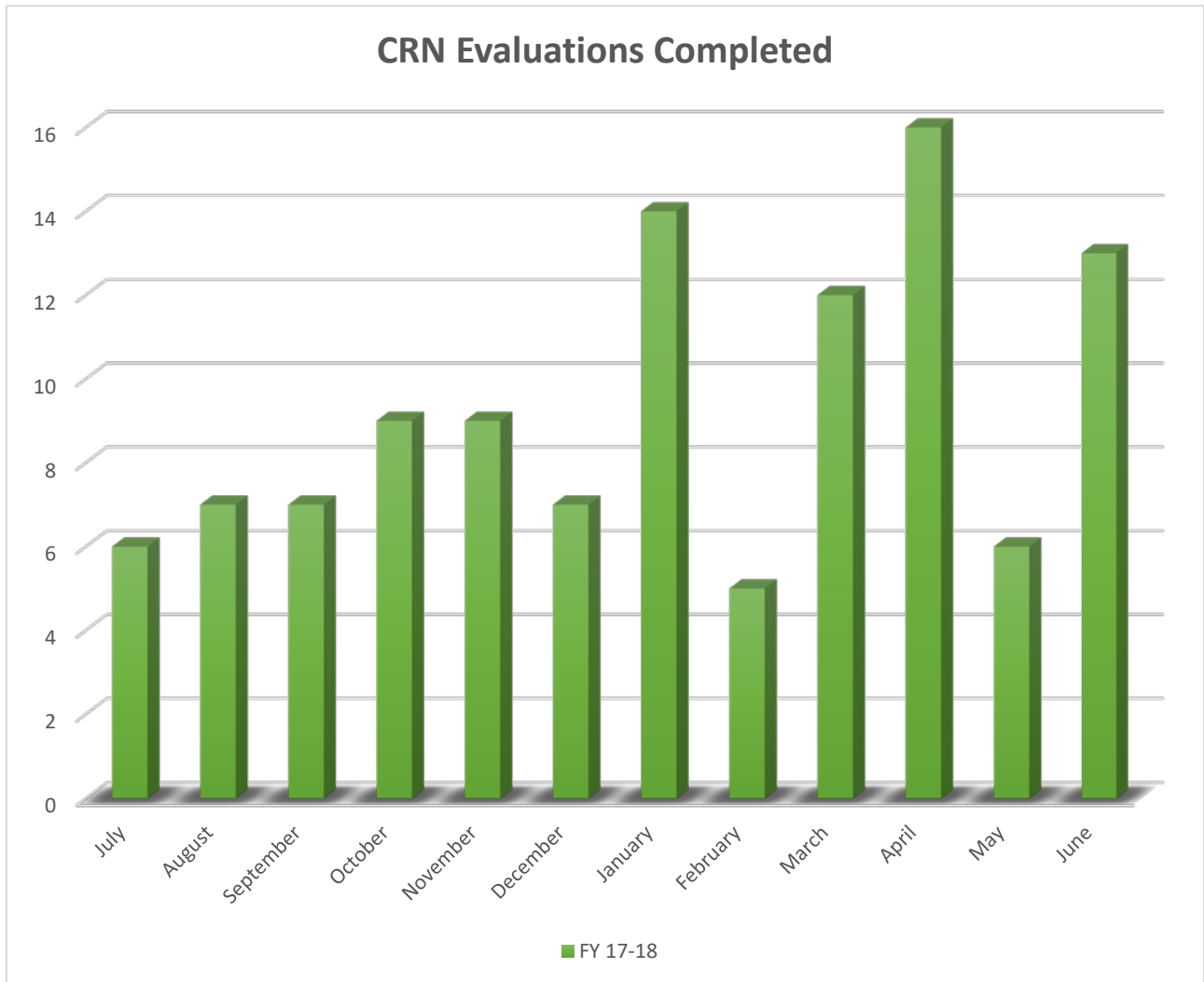
Client accomplishments gained through their participation in our MAT Program include, but aren’t limited to, the following: regained custody of their children, left abusive relationships, improved on housing or obtained their own living arrangements obtained and maintained employment, furthered their education, took care of medical issues, and/or improved family relations with their children and other family members.

Court Reporting Network (CRN)

Fiscal Year 2017-2018

CRN Evaluations Completed		Total for FY 2017-2018	111
July	6	January	14
August	7	February	5
September	7	March	12
October	9	April	16
November	9	May	6
December	7	June	13

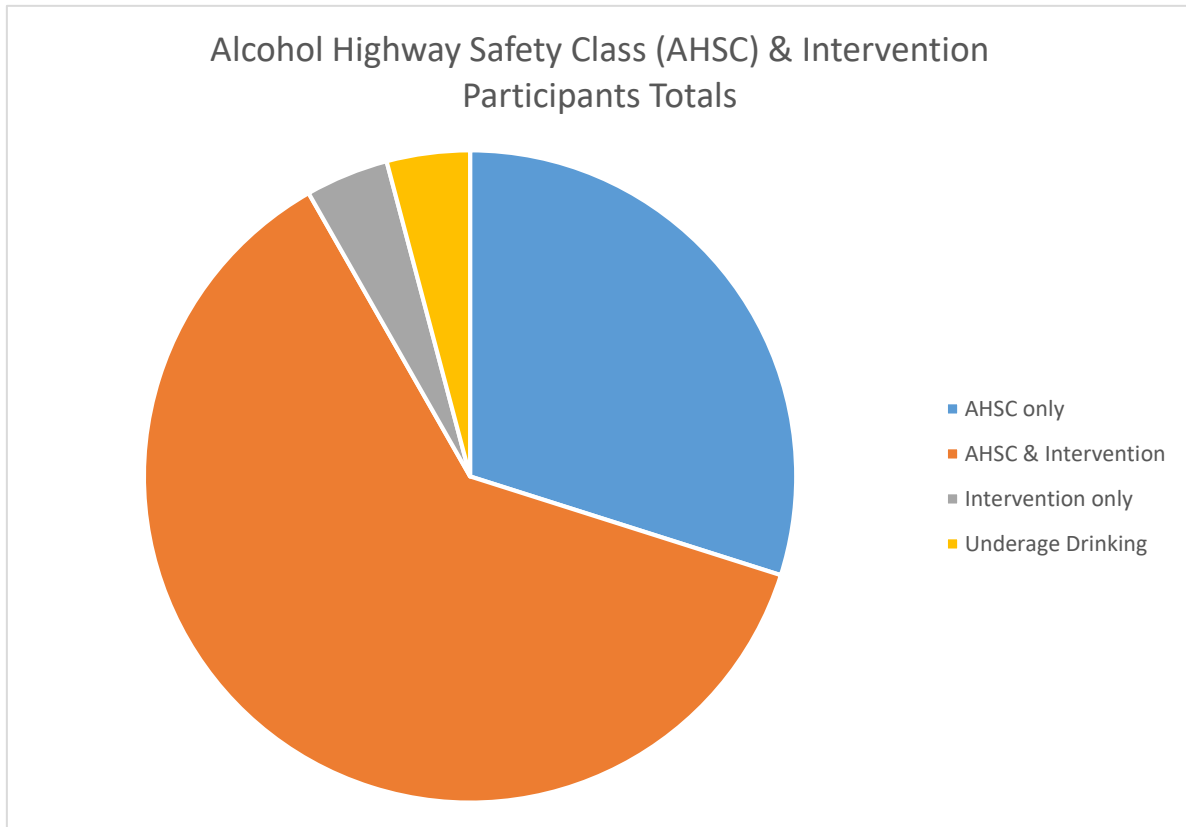
There were 22 fewer CRN evaluations in 2017-2018 than in 2016-2017, which would seem to indicate a decrease in DUI offenses in Wayne County.



Alcohol Highway Safety and Intervention Class

Fiscal Year 2017-2018

- Number of participants in Alcohol Highway Safety Class only: 29
- Number of participants in Alcohol Highway Safety Class and Intervention: 60
- Number of participants in Intervention only: 4
- Number of participants in Underage Drinking Class: 4



Budget

The following page provides you with an overview of funds allocated and utilized in the fiscal year 2017-2018 by Wayne County Drug and Alcohol Commission for Wayne County residents experiencing drug and/or alcohol abuse, and/or addiction for appropriate treatment.

Revenues		Expenses	
State Allocation	\$128,260	Administration (Includes MIS/Fiscal Support)	\$186,891
Heroin Opioid Crisis	\$9,551	Prevention	\$225,795
Federal Block Grant	\$151,297	Other Intervention	\$54,637
Human Services Block Grant	\$100,537	Inpatient Non-Hospital	\$80,780
DUI Fines	\$24,210	Inpatient Hospital	\$0
Local Funds/DUI Classes	\$399,199	Recovery Housing	\$14,595
Title XX	\$0	Outpatient	\$167,605
Act 2010-01 (Gaming)	\$9,567	Outpatient – Suboxone	\$2,075
STR/Cures Grant	\$80,392	Case/Care Management	\$254,758
Interest	\$0		
Health Choices	\$63,575		
PCCD Grants	\$2,652		
Suboxone Fees	\$896		
Other	\$17,000		
Totals	\$987,136		\$987,136

Closing Statement

This report is the summary of services performed during the fiscal year July 1, 2017 to June 30, 2018, by the Wayne County Drug and Alcohol Commission, 318 Tenth Street, Honesdale, PA, 18431.

We trust this information is valuable. The Wayne County Drug and Alcohol Commission, its providers, its community advisory board, and the Wayne County Board of Commissioners, are committed to helping Wayne County residents with substance use disorders get the services they need to begin their journey of recovery and become healthy and productive members of our community.

This publication is made possible by a contract with the Wayne County Drug and Alcohol Commission and Department of Drug and Alcohol Programs, Commonwealth of Pennsylvania. The County Office and Department of Drug and Alcohol Programs specifically disclaims responsibility for any analysis, interpretation or conclusions herein.